

Oslo Municipality and the District of Old Oslo

- Sprouting Oslo: a strategy for urban agriculture 2019-2030
- District of Old Oslo
 - Strategic plan
 - Climate and environment strategy

Position: Bydelsbonde (district farmer)



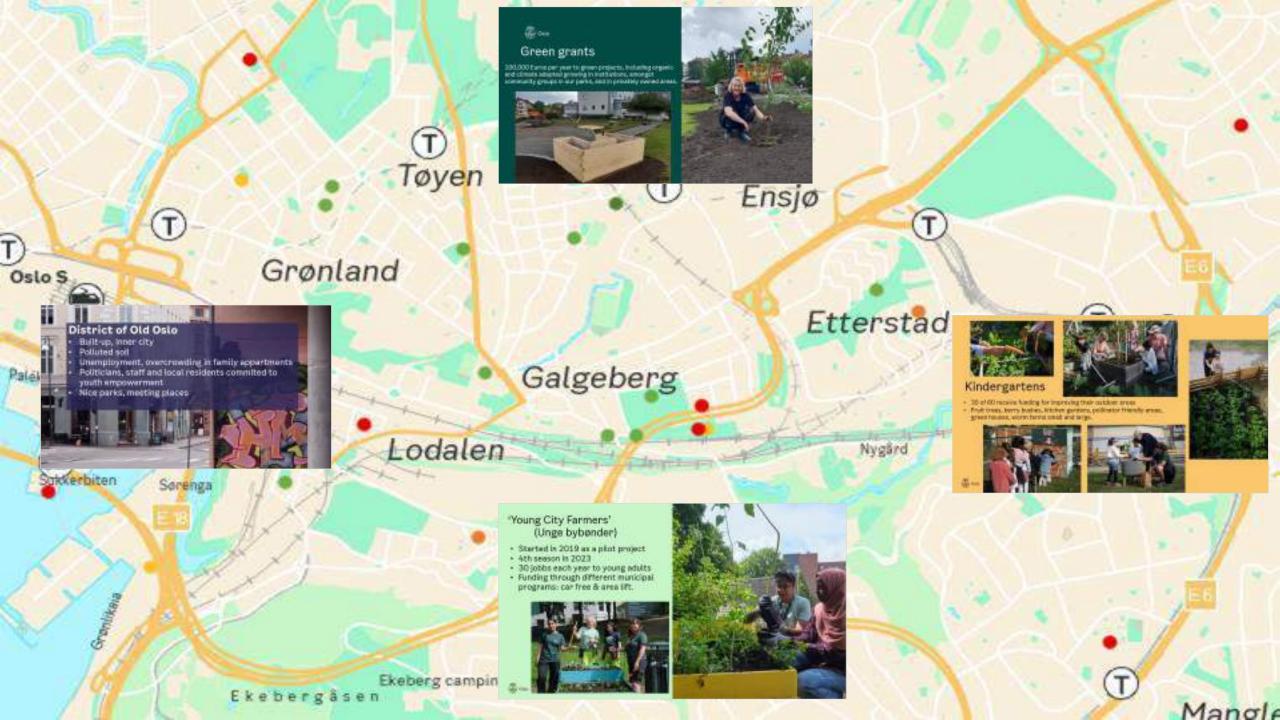
Oyster mushrooms growing in a street now closed to cars



Surveyed urban agriculture projects in Oslo











Green grants

100,000 Euros per year to green projects, including organic and climate adapted growing in institutions, amongst community groups in our parks, and in privately owned areas.







Kindergartens



- 35 of 60 receive funding for improving their outdoor areas
- Fruit trees, berry bushes, kitchen gardens, pollinator friendly areas, green houses, worm farms small and large.







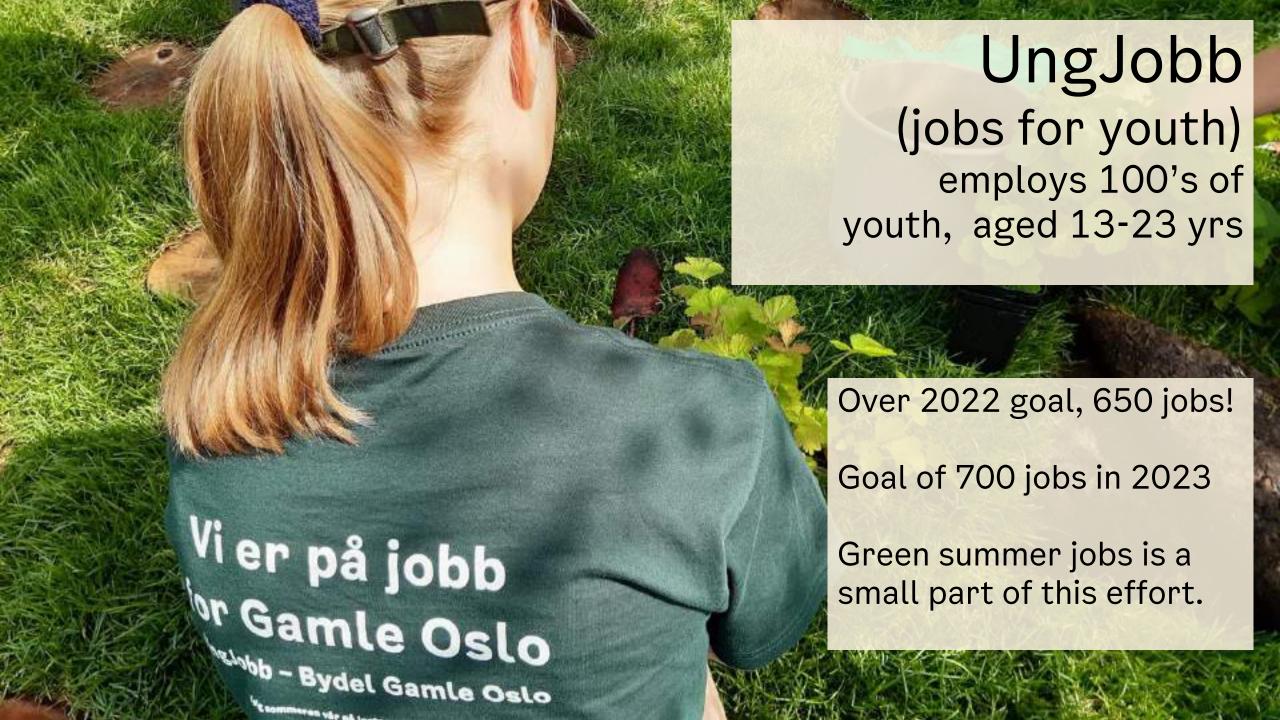


'Young City Farmers' (Unge bybønder)

- Started in 2019 as a pilot project
- 4th season in 2023
- 30 jobbs each year to young adults
- Funding through different municipal programs: car free & area lift.









Toolkit for engaging youth

Handbook for working with youth in urban agriculture, 2022







How do we rig the project?

Young City Farmers work in summer: 80 hrs – 4 wks – 4 days / wk – 5 hrs / day (Spring, autumn and winter are after school jobs)

2 team leaders

Project leader and a project officer – **both with horticultural skills!**



Approach to Young City Farmers

Observation

Inspiration

Ownership





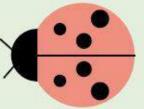




Observation

- Spark their curiosity
 - fascinating facts
 - Shapes and smells
- Biodiversity
- Safety
- Reporting on their day's tasks
 - Reactions of passers by
 - Based on the day, what must be done next









Inspiration

Excursions, expanding the field

- Composting centre
- CSA farms
- Botanical gardens

Pop up guests, with activities

- Project managers
- Landscape architechs
- City planners
- Botanists





Ownership

- Rights at work, understanding of expectations as well
- Self confidence
- Skills
 - Gardening
 - Design
- The means to act on their ideas
- Run an event





Spring

Rent a shipping container > green house
Cultivated seeds
Held plant swap events
Looked after plants before being planted out after frost





Summer - 2 x 4 weeks with ca.12 youth in total

- Sowing and planting
- Weeding, watering, simple pruning
- Composting and soil improvement
- Designing and making new beds
- Using electric hand tools
- Making and setting up signs to help people understand the plants
- Making meadows
- Building insect hotels and building hedghoghouses



- Pop up cafes
- Surveying park use
- Media training: doing an interview and writing a press release
- Hosting journalists and politicians
- Regular excursions and meet ups with experts in a variety of fields.



Autumn and winter

Winter preparation, removing of annual plants, flower bulbs

Oyster mushrooms on coffee grounds

Christmas markets: seed balls





Hedgehogs - 2022

Surveyed how many city hedgehogs in parks and made more homes for them.







Una, a young city farmer, describes the correct way to build a hedgehog house.



- 13cm x 13 entry tunnel
- A box with a hinged lid
- Waterproof roof
- Little legs to stand on
- Covered with leaves and twigs
- A plan for somone to look after it

